

Differential diagnoses			
(please give multiple diagnoses, multiple diagnoses help the laboratory identify the disease gene)			
Symptoms/ findings for referral			
(please give main points here and/or attach a clinic letter)			
Age of onset			
<input type="checkbox"/> Congenital	<input type="checkbox"/> Juvenile (5-15 years)		
<input type="checkbox"/> Infantile (<1 year)	<input type="checkbox"/> Early adult (16-40 years)		
<input type="checkbox"/> Childhood (1-5 years)	<input type="checkbox"/> Late adult (>40 years)		
Evolution of symptoms			
<input type="checkbox"/> Rapidly progressive	<input type="checkbox"/> Slowly progressive	<input type="checkbox"/> Non-progressive	
Previous genotype data			
Previous single gene test/s			
e.g., <i>SMN1</i> , <i>DMD</i>			
Concluded clinical phenotype			
Phenotype			
a. Muscle weakness	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Facial	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Ptosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iii. Ophthalmoplegia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iv. Axial	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
v. Prox. UL	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vi. Prox. LL	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vii. Distal UL	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
viii. Distal LL	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
i. Facial	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
ii. Ptosis	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
iii. Ophthalmoplegia	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
iv. Axial	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
v. Prox. UL	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
vi. Prox. LL	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
vii. Distal UL	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
viii. Distal LL	<input type="checkbox"/> Mild	<input type="checkbox"/> Moderate	<input type="checkbox"/> Severe
ix. Short comment:			
b. Muscle atrophy/hypotrophy	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Facial	<input type="checkbox"/> Yes	<input type="checkbox"/> No	iv. Prox. LL <input type="checkbox"/> Yes <input type="checkbox"/> No
ii. Axial	<input type="checkbox"/> Yes	<input type="checkbox"/> No	v. Distal UL <input type="checkbox"/> Yes <input type="checkbox"/> No
iii. Prox. UL	<input type="checkbox"/> Yes	<input type="checkbox"/> No	vi. Distal LL <input type="checkbox"/> Yes <input type="checkbox"/> No
vii. Short comment:			
c. Muscle hypertrophy	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed

i. Calf	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Tongue	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iii. Brachioradialis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iv. Other:			
d. Myotonia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not Assessed
i. Chronic	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Provoked	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Affected muscles:			
e. Muscle stiffness	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
f. Muscle pain	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
g. Muscle cramps	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
h. Muscle fatigue	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Exercise intolerance	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
j. Fasciculations	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
k. Rhabdomyolysis	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
l. Malignant hyperthermia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
Comments (f-l):			
m. Respiratory distress	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Assisted ventilation	<input type="checkbox"/> Continuous	<input type="checkbox"/> Intermittent	
	<input type="checkbox"/> Invasive	<input type="checkbox"/> Non-invasive	
n. Joint hyperlaxity/hypermobility	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Neck	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Elbows	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iii. Fingers	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iv. Hip	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
v. Knees	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vi. Ankles	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vii. Toes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vii. Beighton score: _____/9			
o. Joint contractures	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Arthrogryposis multiplex congenita	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Neck	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iii. Elbows	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iv. Fingers	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
v. Hip	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vi. Knees	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
vii. Ankles	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
p. Bulbar dysfunction	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
i. Dysarthria	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
ii. Dysphagia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iii. Dysarthria + dysphagia	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
iv. Feeding:	<input type="checkbox"/> NGT	<input type="checkbox"/> Gastrostomy	
q. Deep tendon reflexes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed
	LEFT		RIGHT
i. Biceps	<input type="checkbox"/> Hypo	<input type="checkbox"/> Normal	<input type="checkbox"/> Hyper
ii. Triceps	<input type="checkbox"/> Hypo	<input type="checkbox"/> Normal	<input type="checkbox"/> Hyper
iii. Patellar	<input type="checkbox"/> Hypo	<input type="checkbox"/> Normal	<input type="checkbox"/> Hyper
iv. Ankle	<input type="checkbox"/> Hypo	<input type="checkbox"/> Normal	<input type="checkbox"/> Hyper
			<input type="checkbox"/> Hypo
			<input type="checkbox"/> Normal
			<input type="checkbox"/> Normal
			<input type="checkbox"/> Normal
			<input type="checkbox"/> Normal
			<input type="checkbox"/> Normal
r. Skeletal deformities	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not assessed

i. Scoliosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
ii. Lordosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
iii. Kyphosis	<input type="checkbox"/> Yes	<input type="checkbox"/> No
iv. Pectus excavatum	<input type="checkbox"/> Yes	<input type="checkbox"/> No
v. Pectus carinatum	<input type="checkbox"/> Yes	<input type="checkbox"/> No
s. Cardiac abnormalities		
	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Not Assessed
i. Cardiomyopathy	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Not Assessed
ii. Conduction defects	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Not Assessed
t. Walking		
	<input type="checkbox"/> Not Assessed	
<input type="checkbox"/> Normal <input type="checkbox"/> Can't jump <input type="checkbox"/> Can't run <input type="checkbox"/> Can't hop <input type="checkbox"/> Can't manage stairs <input type="checkbox"/> Gowers manoeuvre <input type="checkbox"/> Walks with assistance (mobility aid walker) <input type="checkbox"/> Fatigability <input type="checkbox"/> Non-ambulant: intermittent <input type="checkbox"/> Non-ambulant: permanent		
i. Age of loss of ambulation: _____ yrs		
Prenatal/Neonatal		
a. Prenatal		
i. Pregnancy	<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal <input type="checkbox"/> Unknown
a) Foetal movements	<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal <input type="checkbox"/> Unknown
b) Foetal dysmorphism	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Unknown
c) Polyhydramnios	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Unknown
ii. Labour	<input type="checkbox"/> NVD	<input type="checkbox"/> Abnormal <input type="checkbox"/> Unknown
	<input type="checkbox"/> Vacuum	
	<input type="checkbox"/> Forceps	
	<input type="checkbox"/> Caesarean	
	<input type="checkbox"/> Other	
a) Preterm (<36 weeks)	<input type="checkbox"/> Yes	<input type="checkbox"/> No <input type="checkbox"/> Unknown
	If Yes, weeks gestation: _____	
Specify:		
b. Neonatal		
i. Ventilatory support	<input type="checkbox"/> Yes	<input type="checkbox"/> No
a) If "Yes", has it improved over time?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
ii. Supported feeding, e.g., NGT	<input type="checkbox"/> Yes	<input type="checkbox"/> No
b) If "Yes", has it improved over time?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
iii. Delayed head/neck control	<input type="checkbox"/> Yes	<input type="checkbox"/> No
iv. Delayed early motor milestones	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Comment: CNS involvement (e.g., learning difficulties, MRI brain), dysmorphic facial features, etc.		
Findings on laboratory examinations		
(describe significant findings)		

a. Serum CK values: _____ U/L		Age when CK tested:	
Normal range for laboratory used: _____ U/L		Date of CK test:	
b. Electromyography (EMG) <input type="checkbox"/> Assessed <input type="checkbox"/> Not Assessed			
i. Myopathic		<input type="checkbox"/> Yes	<input type="checkbox"/> No
ii. Mixed (myo/neuro)		<input type="checkbox"/> Yes	<input type="checkbox"/> No
iii. Spontaneous activity		<input type="checkbox"/> Yes	<input type="checkbox"/> No
v. Neurogenic		<input type="checkbox"/> Yes	<input type="checkbox"/> No
vi. Myotonic discharges		<input type="checkbox"/> Yes	<input type="checkbox"/> No
vii. EMG comment:			
c. Nerve conduction studies <input type="checkbox"/> Assessed <input type="checkbox"/> Not Assessed			
<input type="checkbox"/> Demyelinating			
<input type="checkbox"/> Axonal			
<input type="checkbox"/> Mixed			
<input type="checkbox"/> Normal			
UL motor conduction velocity: _____ m/s			
ii. Short comment:			
d. Nerve biopsy			
i. <input type="checkbox"/> Normal		<input type="checkbox"/> Abnormal	<input type="checkbox"/> Not Assessed
ii. Short comment:			
e. MRI results			
i. Brain		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal <input type="checkbox"/> Not Assessed
ii. Muscle		<input type="checkbox"/> Normal	<input type="checkbox"/> Abnormal <input type="checkbox"/> Not Assessed
iii. Other MRI:			
iv. Short comment:			
f. Muscle biopsy <input type="checkbox"/> Not Assessed			
i. Dystrophic		<input type="checkbox"/> Yes	<input type="checkbox"/> No
ii. Myopathic		<input type="checkbox"/> Yes	<input type="checkbox"/> No
iii. Neurogenic		<input type="checkbox"/> Yes	<input type="checkbox"/> No
iv. Minor pathology		<input type="checkbox"/> Yes	<input type="checkbox"/> No
v. Rimmed vacuoles		<input type="checkbox"/> Yes	<input type="checkbox"/> No
vi. Myofibrillar pathology		<input type="checkbox"/> Yes	<input type="checkbox"/> No
vii. Cores-multiminicores		<input type="checkbox"/> Yes	<input type="checkbox"/> No
viii. Nemaline bodies		<input type="checkbox"/> Yes	<input type="checkbox"/> No
ix. Central bodies		<input type="checkbox"/> Yes	<input type="checkbox"/> No
x. >30% fibres with internal nuclei		<input type="checkbox"/> Yes	<input type="checkbox"/> No
xi. Lymphocyte infiltrates		<input type="checkbox"/> Yes	<input type="checkbox"/> No
xii. Secondary Calpain3 defect		<input type="checkbox"/> Yes	<input type="checkbox"/> No
xiii. Normal		<input type="checkbox"/> Yes	<input type="checkbox"/> No
xiv. Endstage		<input type="checkbox"/> Yes	<input type="checkbox"/> No
xv. Short comment:			
g. Fibro-adipose replacement of muscle <input type="checkbox"/> No <input type="checkbox"/> MRI <input type="checkbox"/> CT <input type="checkbox"/> Not Assessed			
i. Gluteal		<input type="checkbox"/> Yes <input type="checkbox"/> No	vi. Calf <input type="checkbox"/> Yes <input type="checkbox"/> No
ii. Obturator		<input type="checkbox"/> Yes <input type="checkbox"/> No	vii. Anterior lower leg <input type="checkbox"/> Yes <input type="checkbox"/> No

iii. Quads Yes No
iv. Thigh adductors Yes No
v. Hamstrings Yes No

viii. Peroneal Yes No
ix. Paravertebral Yes No
x. Shoulders Yes No

xi. Specify as needed:

xii. Short comment:

h. Spirometry Yes Not assessed

i. FEV₁ values: _____

ii. FVC values: _____

iii. FEV₁/FVC ratio: _____

i. Echocardiography

i. Yes- normal ECG Yes- abnormal ECG Not assessed

ii. Abnormality:

General comments